



ESTD 1921

**ST AGNES COLLEGE ( AUTONOMOUS )**  
**Mangaluru**

*Presents*



**22 OCTOBER 2024**

**A NATIONAL LEVEL**  
**INTERCOLLEGIATE FEST**  
**(FOR UNDERGRADUATE STUDENTS)**

## ABOUT THE COLLEGE

St Agnes College, established in 1921, is the first Catholic women's college in Mangalore, South India and second in the country. St Agnes Centre for Postgraduate Studies and Research was established in the year 2008.


St Agnes College has a singular distinction in Mangalore University for being re-accredited by NAAC with an A+ grade, CGPA 3.65/4 in the fourth cycle. It has received the status of "College of Excellence" from the UGC in 2017, becoming the first to receive this award under Mangalore University, third in the state and eighteenth in the country. The college has also been awarded with "Star College Status" by the Ministry of Science and Technology, Govt. of India, for the outstanding progress rendered in the promotion of basic sciences. St Agnes College stands tall as a beacon of light in the coastal town of Mangalore. It has empowered women world over, through the mission of higher education over the last 102 years. The college has always striven to unfold the integral personalities of students, with a plethora of activities, moving beyond academics, into a relevant way of life, with a humanitarian approach.



# VIBRANZA-2024

In the heart of nature's embrace, where vibrant hues and life intertwine, VIBRANZA awakens the spirit of creativity and camaraderie. This intercollegiate festival draws inspiration from the wonders of flora and fauna, celebrating the beauty and diversity of the natural world. It invites participants to immerse themselves in an experience that echoes the splendour of nature's tapestry.

The name "VIBRANZA" embodies vibrancy and energy, symbolizing growth, harmony, and the exuberance of life. VIBRANZA 2024 is a national intercollegiate festival that unites minds and hearts through artistic expression and intellectual challenges, with each participant competing for the coveted championship trophy within their domain. Join us in exploring exhilarating events designed to inspire innovation and ignite passion. From a fashion show inspired by nature's palette to spirited dance dramas telling tales of the wild, VIBRANZA serves as a platform for students to showcase their talents while celebrating the interconnectedness of all life.



**Are you ready to embrace this vibrant arena and let your creativity flourish?**



## GENERAL RULES AND GUIDELINES

- Participants must carry their college ID cards at all times during the fest.
- Participants should report to the registration desk at 8:00 am.
- Participants will submit a permission letter at the time of registration.
- Breakfast and Lunch shall be provided by the College.
- Online registrations will be closed on 18 October 2024.
- In case any event reaches the maximum number of participants, it is at the discretion of the organizers to close registration for the event at any given time.
- Team of 12 members from each college is eligible to participate in the fest, and should participate in all the events to qualify for the overall championship.
- Participant of Vibranza icon & Best Manager cannot participate in Fashion Flora competition.
- For any queries of any events, please contact the respective event heads.
- Registration fee is ₹ 1200/- per college.
- The dance competition is a separate event with a registration fee of ₹1000, open to all, and is not considered for the overall championship.
- Each college must have at least one student representative responsible for coordinating between the participants and the organizers.
- Organizers have the right to reschedule or modify an event if necessary
- Vulgar behavior, indiscipline, and malpractice in any form will lead to disqualification.
- 'Judges' decision is final for all the events.
- Outstation participants who require accommodation are requested to inform in advance and may contact Ms Jeslin Dcunha: +919482474826
- A scanned copy of the registration form with the principal sign and seal must be sent to [vibranza2024@gmail.com](mailto:vibranza2024@gmail.com) on or before 18 October 2024

### Bank Details for Registration Fee:

Account Name: The Principal, St Agnes College (Autonomous), Mangalore

Account No: 02442200000022

IFSC Code: CNRB0000842

Bank Name: Canara Bank Branch: Shivbagh Mangalore 575002



# EVENTS

## 1. VIBRANZA ICON- ALL ROUNDER EVENT (INDIVIDUAL PARTICIPATION)

“Unleash Your Potential, Ignite Your Passion!”

Are you ready to claim the title of Vibranza Icon 2024? This exciting competition invites the brightest talents from colleges to showcase their skills across diverse rounds that will test your creativity, intellect, and performance abilities. Prepare yourself for an unforgettable journey of talent, creativity, and competition! Will you be the next Vibranza Icon?

**Event Head: Ms. Nikitha Shetty, 8792086502**

## 2. SYMPHONY OF SEASON'S- SINGING COMPETITION (2 MAKE A TEAM)

“Harmonise with nature and sing your heart out”

Teams will perform retro-themed songs in English, Kannada, or Hindi, using only karaoke tracks, no live instruments or pre-recorded vocals allowed. Each team will have 2 minutes for their performance, with an additional minute for setup. Get ready to showcase your vocal talents in this enchanting celebration of retro music!

**Event head: Siyola Dias, 7259823610**

## 3. FLORA'S FINEST- BEST MANAGER (INDIVIDUAL PARTICIPATION)

“True leadership blossoms in the face of challenges—let your management skills shine at Flora's Finest!”

Contestants will face a series of management challenges and tasks, details will be provided on spot.

**Event head : Ms Derisha Sequeira, 7022595618**

## 4. GREEN TALES- REEL MAKING (2 MAKE A TEAM)

"Let the stories of nature unfold—capture the essence of flora and fauna in every frame." Showcase your reel-making skills by creating an engaging video based on an on-the-spot topic. Bring your best ideas to life, and let your storytelling abilities shine as you craft a compelling reel that stands out.

**Event head: Ms. Smrithi Shetty, 9845522277**

#### 5. WILD PERSPECTIVES-TURNCOAT (INDIVIDUAL PARTICIPATION)

“Speak your mind, shape your world”

The topic will be given on spot. Each speaker will have a total of 5 minutes to argue both for and against the topic, divided into 2 minutes for each position and 1 minute for concluding remarks.

**Event Head: Thanmayee Bhat, 8762768555**

#### 6. CREATIVE BLOOMS-SWITCH PAINT (2 MAKE A TEAM)

“Unleash Your Imagination, One Brush at a Time!”

Create a masterpiece by alternating brush strokes based on an on-the-spot topic. Participants will have 1 hour and 30 minutes to showcase their artistic skills, with each team member painting for 10 minutes before switching. Bring your own materials, and prepare for an exciting challenge that tests both creativity and teamwork! Judged on originality and adherence to the theme, this is your chance to let your imagination flourish!

**Event Head: Ms. Paloma Monteiro, 8618469062**

#### 7. FLORA & FAUNA FITNESS TEST (INDIVIDUAL PARTICIPATION)

“Come participate, challenge yourself, and celebrate fitness in the spirit of flora and fauna!”

- **Plank Challenge**-An open challenge for all participants, regardless of gender. Join us to see who can hold the plank the longest!
- **Squats**-A women-only event where participants will compete in a squat challenge. Join in and showcase your strength!
- **Push-Ups**-Exclusively for male participants, this event tests your upper body strength through a push-up challenge.

**Event Head: Ms. Trisha Shetty, 9611159253**

#### 8. NATURE'S RUNWAY-A FASHION FLORA (6-8 MAKE A TEAM)

“Where Nature Meets Elegance, walk the Wild Side”

Theme for fashion walk is animal and plant kingdom, showcasing nature's beauty and diversity. Teams will have a total of 4 minutes for the fashion walk, with an additional 1 minute for setup. Refrain from vulgarity and obscene scenes.

**Event Head: Ann George, 94460 54047**



# SEEDS OF CHANGE DANCE DRAMA COMPETITION

Celebrate the beauty of the natural world through dance with the theme "Nurturing Nature and Wildlife." Let your performance reflect the harmony between humans, animals, and the environment, showcasing the importance of protecting and preserving our planet.

## GENERAL GUIDELINES

- Team size: 8–12 members
- Time limit for each group is 4 + 1 minutes. Exceeding the time limit will lead to negative marking
- Open to all, this public event invites dance groups from any background to participate and showcase their talent.
- Theme: "Nurture Nature and Wildlife."
- No vulgar or objectionable content is allowed.
- Send your audio via Whats App to 9113616453 by 20th October 2024.
- No performances should be centered on any specific religion
- This is a standalone event and will not count toward the overall championship.
- Winners will be awarded with an attractive cash prize
- Each team has to register by paying a registration fee of Rs1000
- Registration Deadline: October 18, 2024

**For more details contact: 9113616453**

**Event Head: Miss. Sahana Poonja**

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(Autonomous), Mangalore

Account No: 02442200000022

IFSC Code: CNRB0000842

Bank Name: Canara Bank Branch: Shivbagh Mangalore 575002



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# **ST AGNES COLLEGE (AUTONOMOUS)**

## **Mangaluru**

### **PATRONS**

**Sr Dr M. Venissa A.C**  
**Principal**

**Sr Dr M Vinora A.C**  
**PG Coordinator**

**Sr Roopa Rodrigues A.C**  
**Vice Principal**

### **FACULTY COORDINATORS**

**Ms Sabina Dsouza**  
**8904916108**


**Ms Helen Serrao**  
**9448912352**

### **STUDENT COORDINATORS**

**Ms Privy Dsouza**  
**8217667824**

**Mr Prathik Rai**  
**8197464258**

### **Reach Us At**

 **vibranza2024@gmailcom**

 **agnes\_diaries**  
**St\_agnes\_college\_mangaluru**