



ST AGNES COLLEGE (AUTONOMOUS) MANGALURU
CENTRE FOR POST GRADUATE STUDIES AND RESEARCH

Re-accredited by NAAC with A+ Grade, CGPA 3.65/4 (Cycle 4)

College of Excellence by UGC, New Delhi

Star College Status by DBT, MST, Govt. of India

PG DEPARTMENT OF PSYCHOLOGY
2024 - 2025
CERTIFICATE COURSE

FUNDAMENTALS OF GERONTOLOGY
Understanding Aging and Its Implications

ELIGIBILITY - 12th std

Duration: 30 Hours

Starts 4th August 2024

STUDENTS :

3: 30 PM - 4: 30 PM (Monday & Wednesday) Fee - ₹ 2000/-

PROFESSIONALS :

4: 30 PM - 5: 30 PM (Tuesday & Thursday) Fee - ₹ 5000/-

(LIMITED SEATS)

Staff in charge: Dr. Kavyashree
Course coordinator : Kripanjali Tellis Nayak

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COURSE OUTCOMES :

- **Understanding Gerontology:** Comprehend the field and its relevance.
- **Biological Changes:** Explain cellular and physiological aging processes.
- **Healthy Aging:** Identify factors promoting healthy aging.
- **Psychosocial Aspects:** Analyze psychological and cognitive changes in aging.
- **Social Gerontology:** Discuss social challenges, family dynamics, and elder abuse.
- **Housing Options:** Evaluate housing and community resources for older adults.
- **Collective Action:** Understand collective actions among older adults.
- **Healthcare:** Identify preventive healthcare and productive aging strategies.
- **Long-Term Care:** Describe types and services of long-term care facilities.
- **Policy and Advocacy:** Analyze policies, legal considerations, and Ethics in gerontology.

SYLLABUS :

- **Introduction to Gerontology**
- **Biological Changes in Aging**
- **Psychosocial and Environmental Aspects of Aging**
- **Healthcare and Wellness in Aging**
- **Policy in Gerontology**

ASSIGNMENTS :

- **Report on field visit.**
- **Government schemes for Senior Citizens**
- **Society's responsibility towards older citizens.**

CRITERIA FOR EVALUATION :

- **Attendance: 10 marks**
- **Participation: 10 marks**
- **Team work: 10 marks**
- **Practical work: 10 marks**
- **Report preparation and submission on time : 10 marks**

- **Grading Pattern:**
- **A-40 and above**
- **B-30-39**
- **C-25-29**
- **D-24 and below**